

## Club Instructors and Senior Instructors

**Hugh Eagling** 7th Dan Master Instructor

**Daniel Gledhill** 5th Dan Branch Instructor  
**Julie McMullen** 4th Dan Branch Instructor

**John Redgrove** 5th Dan Senior Instructor  
**Woody Brown** 4th Dan Senior Instructor  
**Angela Eagling** 4th Dan Senior Instructor  
**Sally Bound** 3rd Dan Senior Instructor  
**Grant Chilcott** 3rd Dan Senior Instructor

**Ian Snape** 1st Dan Asst. Tournament Coach

# 태권도

## Kid's Taekwondo



A program just for kids from 4 to 6 years. The class is tailored to suit small children. Fun, discipline and learning the art of self defense rolled into one fun class that kids love .

**Monday nights:**  
**Moonah Community Centre**

**5.30 to 6.20**

January 2009



# Eagling's Taekwondo

## 2009 The Year Ahead



www.eaglingstaekwondo.com.au

2009 promises to be a year of progression and development for Eagling's Taekwondo. This year will see the appointment of our club, by Taekwondo Australia, to be the Southern High Performance Centre for Tasmania. As part of that appointment, we will host monthly High Performance and Development sessions for Southern Tasmania. The dates for these can be found on our website under Calendar of Events.

In 2008, students working toward black belt grading's worked hard all year to fulfill the pre-requisites. Their efforts culminated in grading's held in early December. Again the standard was high and a credit to those students dedication to achieve high results at this level.

The Dale Eagling Memorial Championships was also strongly attended by both Junior & Senior members and a club event that proves

every year to be a favourite.



Our Pee Wee class continues to grow strongly and at the Memorial Championships the Pee Wee's showed loads of enthusiasm.

Our website continues to provide members with valuable information throughout the year and is a good guide for members to see what

up-coming events are happening, keeping them up-to-date with information .

In all 2008 was a very challenging year and I would like to thank all the Senior Instructors that took classes and maintained that high standard of technique throughout all the clubs.

For 2009 it will be no different . We have new challenges and goals and I wish you all success in the year ahead .

**Tournament Training Sparring** - will recommence on Wednesday 11th February, Moonah Hall at 6.00pm.

**Technical** - will recommence on 4th March, Moonah Hall at 6.00pm.

If you wish to participate in either of the tournament squads please see your Instructor.

**Hugh Eagling**  
**Master Instructor**



## 2009 - Dates to Remember

## 2008 Club Awards

### Black Belt Training Dates: 6.30—9.00pm

24 April 2009  
19 June 2009  
28 August 2009  
6 November 2009

### Grading Dates—Coloured Belts—9.00am

24 May 2009  
30 August 2009  
13 December 2009

### Black Belt Grading:

Friday 4th December 2009

### Dale Eagling Memorial Championships:

15 November 2009

### Hapkido Gradings—Thursday's

21 May 2009  
20 August 2009  
3 December 2009

**Scholarship:** Brandon Servant

Moonah: Senior Player: Brett Hunt  
Junior Player: Angela Cantwell  
Pee Wee Player: Joshua Howells

Sandy Bay: Senior Player: Jason Coad  
Junior Player: Eloise MacDonald-Meyer

Kingston: Senior Player: Sharon Lakoseljak  
Junior Player: Joel Philpot  
Pee Wee Player: Ebony Taylor

### **BACK TO TRAINING**

**Training re-commences  
Monday 2nd February 2009  
6.30pm for beginners  
7.00pm for Colour Belts**

***NB: Due to Renovations, training at the Kingston Beach Hall will not recommence until 3 March 2009.***

### **2009 LESSON FEES**

**Monthly Lesson fees will  
be as follows:**

\$40.00 per person  
Family - \$80.00

**Casual Lesson fee**  
\$14.00 per lesson

**Pee Wee Class**  
\$30.00 per month  
Or \$10.00 per lesson

### **EAGLINGS TAEKWONDO & TAEKWONDO AUSTRALIA 2009 MEMBERSHIP & INSURANCE FEES**

Single - \$55.00 per person  
Family - \$40.00 per person  
Pee Wee Class - \$35.00 per person

**IF YOU ARE RENEWING YOUR  
MEMBERSHIP PLEASE RETURN THE  
ATTACHED RENEWAL NOTICE,  
TOGETHER WITH THE RELEVANT FEE TO  
YOUR HEAD INSTRUCTOR WHEN YOU  
RECOMMENCE TRAINING**

### **Hapkido**

**2008 Lesson Fees  
Monthly Lesson fees will**

**be as follows:  
\$40.00 per person**

**Casual Lesson fee  
\$14.00 per lesson**

## December Grading Results

**I would like to congratulate  
all those who recently graded  
and achieved a higher belt  
level.**

### **Black Belt**

Ty Dobie 1st Dan  
Brett Hunt 1st Dan  
Brandon Servant 1st Dan  
Cathy Bushnell 2nd Dan  
Andrew Undy 2nd Dan

### **1st Gup (Red 3)**

Bonnie Aitchison  
Tom Bushnell  
Angela Cantwell  
Jasmine Davis  
Mark Johnson  
Rajat Rao  
Scott Smith

### **2nd Gup (Red 2)**

Dylan Brown  
Cameron Burnett  
Laura Clear  
Samuel Eagling  
Joel Philpot

### **3rd Gup (Red 1)**

Scarlett Bowen  
Brendan Coulson  
Brooke Gardiner  
Genevieve Henderson  
Bronte Warner

### **4th Gup (Blue 3)**

Luke Mckay  
Teyarna Jenkins

### **5th Gup (Blue 2)**

Mattison Bodini  
Sharon Lakoseljak  
Bradley Lakoseljak  
Imogen Willis

### **6th Gup (Blue 1)**

Mason Attfield  
Jackson Coad  
Jason Coad

### **7th Gup (Yellow 3)**

Shane Bryan  
Nathan Lunson

Eloise McDonald-Meyer  
Tormey Reimer  
Sara Soltani

### **8th Gup (Yellow 2)**

Erin Batchelor  
Dana Boron  
Jordan Cox  
Taylor Lewis  
Troy McNab  
Sajiv Rao  
Kate Stevens

### **9th Gup (Yellow 1)**

Cooper Bourke  
Brett Cornelius  
Jake Endersby  
Seb Longman  
Felicity McKay  
Isabelle McKay  
Tomas Rolf

### **12th Gup (Purple 3)**

Sarah Lakoseljak  
Bridgette Duggan

Ebony Taylor  
Dylan Taylor

### **11th Gup (Purple 2)**

Sophie Bryan  
Joshua Howells  
Hugh Smith  
Angus Paynter

### **10th Gup (Purple 1)**

Elliott Ling  
Brianna Fogarty  
Angus Wilson

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### **Hapkido Provisional Black**

Jack Sowter  
Tony Wise

### **Red 1**

Woodward Brown  
Julie McMullen

### **Yellow 8**

Dana Boron

## 2008 Dale Eagling Memorial Championship Results

### **Spirit of Taekwondo Medal**

Bonnie Aitchison

### **Team**

1<sup>st</sup> S. Bowen, G. Henderson,  
B. Gardiner & B. Warner  
2<sup>nd</sup> Laura Clear & Elise Ling  
3<sup>rd</sup> Cameron Burnett & Dylan Brown

### **Junior Matrix Kicking**

**11 - 16** 1<sup>st</sup> April Kenneally  
2<sup>nd</sup> Jasmin Davis  
3<sup>rd</sup> Nathan Lunson

**7 - 10** 1<sup>st</sup> Teyarna Jenkins  
2<sup>nd</sup> Bradley Lakoseljac  
3<sup>rd</sup> Jackson Coad

**Pee Wee** 1<sup>st</sup> Bridgette Duggan  
2<sup>nd</sup> Hugh Smith  
3<sup>rd</sup> Joshua Howells

### **Poomsae**

#### **Senior - Traditional**

1<sup>st</sup> Jack Sowter  
2<sup>nd</sup> Simon Arneaud  
3<sup>rd</sup> Cathy Bushnell

#### **Senior - Freestyle**

1<sup>st</sup> Nichola White  
2<sup>nd</sup> Andrew Undy

#### **Junior**

1<sup>st</sup> Bonnie Aitchison  
2<sup>nd</sup> Cameron Burnett

#### **Junior—Freestyle**

1<sup>st</sup> Bonnie Aitchison

### **High Kick**

**Senior** 1<sup>st</sup> Simon Arneaud  
2<sup>nd</sup> Jack Sowter  
3<sup>rd</sup> Brandon Servant

### **11- 16 years**

1<sup>st</sup> April Kenneally  
2<sup>nd</sup> Judd Dabuyan  
3<sup>rd</sup> Zac Galloway

### **10 and Under**

1<sup>st</sup> Teyarna Jenkins  
2<sup>nd</sup> Bradley Lakoseljac  
3<sup>rd</sup> Mason Attfield

### **Breaking**

#### **Senior Multi Station - Black**

1<sup>st</sup> Simon Arneaud  
2<sup>nd</sup> Andrew Undy  
3<sup>rd</sup> Jack Sowter

#### **Senior Multi Station - Colour Belt**

1<sup>st</sup> Dana Boron  
2<sup>nd</sup> Sharon Lakoseljac

#### **Senior Knife Hand Break**

1<sup>st</sup> Ty Dobie  
2<sup>nd</sup> Grant Chilcott  
3<sup>rd</sup> Angela Eagling

### **Senior Punch Power Break**

1<sup>st</sup> John Redgrove

### **Junior Multi Station**

1<sup>st</sup> Bonnie Aitchison  
2<sup>nd</sup> Zac Galloway  
3<sup>rd</sup> Dylan Brown

### **Artistic Interpretation**

#### **14 & over**

1<sup>st</sup> Scarlett, Genevieve & Bronte  
2<sup>nd</sup> Nichola White

#### **11 - 13 years**

1<sup>st</sup> Laura Clear & Elise Ling  
2<sup>nd</sup> Bonnie Aitchison  
3<sup>rd</sup> April Kenneally

#### **Under 8 - 10**

1<sup>st</sup> Liam Gittus

#### **Age 7 & Under**

1<sup>st</sup> Bridgette Duggan  
2<sup>nd</sup> Brandon Gittus

#### **Kihap Competition - Pee Wee**

1<sup>st</sup> Hugh Smith  
2<sup>nd</sup> Elliott Ling  
3<sup>rd</sup> Bridgette Duggan & Joshua Howells